



Customized Health Training

CPRxtra is a customized health training service brought to you by the parent organization -- CPRx, Inc. The staff of CPRxtra offers you a comprehensive array of valuable knowledge and skills in a variety of customized medical training options. The training they offer spans the continuum from classes in general interpersonal communication skills through specific and technical medical skills and services.

Hepatitis C – What You Need To Know

What is Hepatitis C? How is it communicated? How can I protect myself and my patients? Is there treatment? We answer all these questions and more in this informational in-service course.

Update On Tuberculosis

TB continues to be a problem throughout the world and cases in the U.S. are on the increase. This course will provide a current update from the CDC, impact of the disease, and personal protective measures for both you and your patients. OSHA guidelines are also incorporated into the training session.

Dealing with Dementia

Dementia takes many forms and today's caregivers need to be aware of its signs and symptoms, especially as the Baby Boomer generation hits their senior years. This course will help you to understand the impact of dementia and give you some tools to help your patients and their families.

The Alzheimer's Patient

Alzheimer's is a progressive disease and you will learn its various stages and symptoms in this overview. Current treatments are discussed as are practical ways to help the families and primary caregivers. How this disease affects the brain and behavioral changes in its victims are also topics of discussion.

Congestive Heart Failure

What is congestive heart failure and what are its symptoms? CHF affects about 5 million Americans every year and about 20% of all hospitalized patients over 65 have some form of heart failure. There are treatments available, both medical and lifestyle, which can benefit the patient. All of which are covered in this in-service course.

The Diabetes Patient

Type 1 and Type 2 diabetes are prevalent in the U.S. and the numbers of cases are growing each year. Both types are discussed in detail, as well as prevention, symptoms, treatments, and positive lifestyle changes.

Parkinson's Disease

Symptoms of Parkinson's may include:

- Trembling hands, arms, legs, jaw and face
- Stiff limbs
- Slow movement
- Poor balance and/or coordination

As symptoms worsen, people with the disease might have trouble walking, talking or doing simple things that were once easy. They may also have depression, sleep difficulties or trouble eating, drinking, or talking. We will discuss this in detail and explore causes, treatments and practical helps for families with loved ones suffering from this disease.



LuAnn Chamberlin
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President and Owner, CPRx, Inc.



Interpersonal Conflict and Resolution

People don't always get along and it is even more difficult in stressful situations. A health crisis can turn the nicest person into someone not so nice. And healthcare workers behavior can also be affected negatively in demanding situations. Learn the reasons why people behave the way they do and what you can do to minimize conflict and stress.

Customer Service for Healthcare Professionals

Good customer service does more than keep people happy. It gives them confidence in your abilities and those of your organization. It also keeps them coming back in a time when patients have a choice in their healthcare providers and facilities. You will learn customer relations skills that will make you a more compassionate and competent healthcare provider.

Professionalism: Do I Have It?

This course covers principles that apply to any business environment. Learn what is appropriate to send in an e-mail and how to leave voicemail messages. Understand how to dress, converse, and interact with co-workers, patients, and peers. Learn about personal hygiene, work area decoration, and much, much, more.

Cultural Diversity and Awareness

The United States is perhaps more culturally diverse in the workforce today than any other time in its history. Workplaces can become more productive and rewarding with a basic understanding of cultural differences and diversity. This in-service will provide an overview of some of those elements and give you some practical hints to take back to work with you.

Signs and Symptoms of Substance Abuse

Substance abuse affects all levels of society. This group can include your patients, their family members, your family, and maybe even some of your coworkers. Learn to recognize the signs and symptoms of substance abuse and some of the more commonly abused substances. Also learn what actions you can take to begin to help.

Sexual Harassment – Is It Really What You Think?

Laws and company policies defining sexual harassment have changed considerably over the past few years and remain in a period of transition. You need to know this information to protect yourself and your job as well as those around you. This course will also cover standard federal and corporate policies for reporting and prevention.

Patient's Bill of Rights and Advance Directives

What is the Patient Bill Of Rights and how does it impact my job? What are advance directives and ethically what are my responsibilities? This class will discuss these items in depth and discuss their implications to patients, families, and healthcare professionals.